

# WARNING!

## I have Addison's disease.

I need cortisone every day.

If I need emergency care for an Addison crisis, I must have hydrocortisone, 100 mg Solu-Cortef<sup>®</sup>, and NaCl/glucose fluids intravenously.

Vomiting, infection, flu, diarrhea, burns, trauma, etc can cause an Addison crisis.

Do not wait for the examination or lab test results!

If I am unconscious or in a crisis it is very important to give Solu-Cortef<sup>®</sup> and fluids first, then treat any possible injury or disease immediately after.

My name

My address

Relatives  
Names and tel.nr.

Doctor

Hospital

Allergies

Other illnesses

Medicines

Other information

[www.addisongruppen.se](http://www.addisongruppen.se)

